



# *In Harmony!*



July 2016

*There are six Divine Rhythms of Power, naturally inherent in the body. They are formed when a Divine Rhythm of Life merges with a Divine Rhythm of Love, creating a movement of power to manifest a specific action in the third dimensional world. When these Rhythms are in alignment with the soul there is peace, joy and harmony in every area of life. These Divine Rhythms are Action, Confidence, Security, Discernment, Intuition and Organization. This newsletter focuses on the Divine Rhythm of Action.*

## *The Divine Rhythm of Action*

The Divine Rhythm of Action is formed when the red Divine Rhythm of Harmony flowing through the tailbone merges with the orange Divine Rhythm of Creativity flowing through the pelvic cradle to ignite a coppery stream of movement through the hips. This movement puts positive action into motion and encourages you to look at life to determine in which part of life you choose to participate.

Once a choice has been made, definitive thoughts begin to form as to how to put this choice into action. The more activity evolved in the choice, the more the Rhythms of Creativity and Harmony begin to move through your being. The Divine Rhythm of Creativity produces creative ideas and the energy to carry them forth. The Divine Rhythm of Harmony develops your internal passion for the project and energetically opens the doorways of opportunity for fulfillment.

This natural Rhythm moves continuously through your being unless it is suppressed or stopped by judgment: self judgment, judgment of the idea or project, agreeing with the judgment of another or having judgment of another. Judgment serves as a barrier or blockage, suppressing the Divine Rhythm of Action plus Harmony and Creativity. Until there is movement out of judgment, suppression of these Rhythms will continue in all the areas of life.

The Divine Rhythm of Action motivates you to make positive actions rather than reactions. A reaction is a response to something which you perceive as negative. When you are in the Divine Rhythm of Action and you are given an opportunity to react, you will discover a momentary pause in your behavior. Your thoughts will scan a variety of options, and if you stay out of judgment, your mind will choose a positive

response and appropriate action for you to take.

When the Divine Rhythm of Action becomes suppressed, disappointment arises. When you judge your ideas and fail to expedite the activities which would bring fulfillment from these ideas you feel disappointed in yourself. When you see others fail to move on their ideas, you may feel disappointment in that person. Often parents are disappointed in their children when they fail to take expected actions. Whatever the situation, judgment must first take place before disappointment can appear.

This Rhythm supports you in the Divine Rhythm of Discernment. The opposite of judgment; discernment, allows you to discern if something or someone is expressing out of alignment with the truth of your soul. Being in the Divine Rhythm of Action allows you to gently remove yourself from the situation or move into an action to shift the expression into one that is in alignment with you. Discernment is a term of analysis. Judgment is a term of condemnation.

The Divine Rhythm of Action is the rhythm of responsibility and conscious activity in expressing the soul to achieve your heart's desires. It is the rhythm of creative passion removing the resistance of the ego to let the soul totally express itself in all areas of your life. It is the rhythm which breaks down barriers of negative emotions and attitudes which have caused limitations and suppression. It is the rhythm of nurturing the creative element of every thought and action you have desired to take. It is a power which lies within you, waiting for its full potential to be utilized as you step out of judgment and into honoring the expression of your soul. ***Inspire your Divine Rhythm of Action....***

## *Moving into the Divine Rhythm of Action*

Turn on soft relaxing music\*.

Sit upright on a firm chair, so your back is a few inches from the back of the chair,

And begin to gently rock back and forth.

Pay attention to your breathing. You can feel your lungs expanding and contracting as you inhale and exhale. Now imagine your whole body breathing with you,

And let yourself go into the waves of the Breath and into the Peace.

Let your shoulders and pelvic cradle rock back as you inhale, forward as you exhale.

Be aware of your hips rocking and opening with each breath.

Focus on the word action and perceive the warm glow of energy forming in your hips.

Allow a coppery stream of movement to begin to flow on the waves of the Breath,

Into your tailbone and pelvic cradle,

Moving down through your thighs and legs, and into your feet and toes,

Up through your abdomen,

Across your solar plexus, and into your heart,

Through your chest, and across your shoulders,

Down your arms, into your hands and fingers,

Up your neck and into the center of your head,

Across your face, in your eyes,

Through your mouth, jaw and neck,

Into your atlas at the top of the spine, then

Cascading down and through your spine,

Through your back, sacrum and sacroiliac,

Back into the hips.

Embrace the movement of this warm flowing stream of energy through your being.

Stand and let this movement carry you into the dance of the Rhythm through your being.

Define this Rhythm using harmonic words such as active, exuberant, moving forward etc.

Then sit quietly, embraced in this Rhythm as your hips gently rock you.

Contemplate a specific situation of distress.

Let go of your judgments and allow your mind to present you with a variety of options.

Think through or role play actions you would like to put into motion.

Write down this information and the immediate and long term actions you choose to take.

Finish with a proclamation, "I accept the magnificence of the Divine Rhythm of Action within me and my ability to make positive responses in all areas of my life".

*\*The music used for all attunements is Desert Flower by JoAnna Burns-Miller. It can be purchased at most book stores or through Harmonics International.*

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**Inspire your *Divine Rhythm of Action* with *Harmonic Liquid "Action"*!**

**On Sale through July 2016 -- \$50.00 ea. 2 oz. (reg. \$70) - \$17.00 ea. 1/2 oz. (reg. \$22)**

**Receive 1/2 oz. *Harmonic Action* FREE with your \$100.00+ order! (1 per customer)**

**To order call 800-243-6156 or 715-355-8515. Order online at [www.harmonicsinternational.com](http://www.harmonicsinternational.com)**

**Harmonic Attunements and Products do not treat or cure disease, they work with the energies of the body.  
For diagnosis and treatment of medical conditions, contact a health care professional.**

# ALL Harmonic Liquid Formulas

**On Sale through July 2016 - \$50.00 ea. 2 oz. - \$17.00 ea. 1/2 oz.**

The Divine Harmonic Healing Energies within the body are FREE - you were born with them. However, we live in a society that may not support and may actually diminish the emanation of the Harmonic energy within, the *Rainbow of Life*.

*Harmonic Liquid Formulas* were created to stimulate and assist you in restoring these wonderful energies within and amplify their magnificence.

Order at 800-243-6156 or 715-355-8515 or online at [www.harmonicsinternational.com](http://www.harmonicsinternational.com)

**Sale Includes ALL Pre-mixed Triads and Personalized Formulas!**

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## INSPIRE - INCREASE - AMPLIFY - the Harmonic Energies of Life within you!

**PEACE** restores peace within your body, mind and emotions, *activating the body's healing intelligence; harmonizing the energies of stress, anxiety, doubt and indecision to calm your being and restore mental focus.*

**JOY** rejuvenates the spark of life *within your body, mind and emotions - harmonizes disharmonic energies to enhance your inner smile, your level of rejuvenation, wellness and joy - activates the life-force energy and potential of anything it is placed in or on.*

**HARMONY** revives your sense of fulfillment *and satisfaction in your self and your life, restoring balance in the glandular and cardio-vascular systems and assisting to release chronic patterns of degeneration.*

**CREATIVITY** enhances your fire of life *and creativity, igniting your vital life energy and rejuvenation.*

**BALANCE** stabilizes your emotional body, *positive mental attitude - increases "ease" back into your life and reverses the effects of stress - balances mineral/electrolytes - relaxes sore muscles and joints, and promotes emotional stability, peaceful joy, flexibility, self-love and trust.*

**STRENGTH** strengthens your connection *to the Universal Breath of Life and restores your natural pulses of life within your body - enhances the immune system/viral defense, and promotes relaxation and focus.*

**ACTION** realigns your natural patterns of energy - *balances energetic distortions, enhancing the flow of vital energy in and around the cells - enhances neuro-transmission throughout the nervous system.*

**CONFIDENCE** revitalizes your DNA/RNA connection - *revitalizes your life and your magnetic attraction for prosperity - neutralizes the negative effects of chemicals, energetically strengthening your DNA.*

**SECURITY** renews serenity *in your body, mind and emotions - enhances the energetics of longevity - harmonizes imbalanced energies that support parasites and fungus in the body.*

**DISCERNMENT** stimulates your natural recognition system *to recognize your truth and that which is in alignment with the Divine Love within - harmonizes despair, doubt, self-condemnation, judgment of others - energetically supports the body's defense against harmful bacteria, fungus, virus and strengthens immunity.*

**INTUITION** awakens you to the Divine Wisdom within, *enhancing the energetics of your brain to reconnect your computer brain with your "inner voice", promoting mental clarity and focused ideas.*

**ORGANIZATION** opens your body, mind and emotions to new possibilities *as it enhances the order and organization of the electro-magnetic and neuro-muscular systems and helps you accept the Divine Love within.*

**EBONY** restores harmonic energy patterns of life - *harmonizes and purifies disharmonic energies in the body, substances, devices, etc. - harmonizes the stress of fear and life threatening conditions.*

**OPAL** opens and clears the flow of natural energy in all energy systems of the body *to assist in harmonizing pain and the stress of degeneration.*

**MANNA** restores vitality to repair cellular integrity and damaged tissue - *assists the digestive system and connective tissue - harmonizes and releases static, friction and stagnation from stress.*

**AWAKEN** awakens and amplifies the full harmonic spectrum of Divine Love *in all areas of your life.*

**Harmonic Products do not treat or cure disease. For treatment of medical conditions and disease, contact a health care professional.**

## ***Harmonic Opal, Confidence, Creativity Triad - Pre-mixed In a Bottle***

**(All three LIQUID Harmonic Formulas in one Cobalt Blue Glass Dropper Bottle)**

**On Sale thru July 2016! - \$50.00 for the 2 oz. - \$17.00 for the 1/2 oz.!**

**THIS Triad seems VERY IMPORTANT in providing assistance in the removal of some very disruptive energies that we encounter every day, that can easily become lodged in the cells:**

- *The energies of digital technology may add frequency to our energy field, hindering the body's ability to function properly.*
- *The airborne pollution from Chemtrails and other chemicals are also making it very difficult for our bodies to function properly.*

**These things have been going on for quite some time,  
so why the interest in clearing them now?**

*The body has an innate ability to protect itself from foreign materials and energies by stashing them away so the body can function as best as possible. After a while of continual bombardment, it becomes difficult for the body to store and protect. That's when we begin to have difficulty functioning efficiently - and we notice it in how well our body works and feels:*

- *In our motivation, clear thinking, our ability to express our magnificent Divine Love within.*
- *Life becomes gradually more and more of a struggle and without realizing it, we become more stressed and dysfunctional.*

**Suggested Use:** *(This triad can be used by combining the individual formulas of Opal, Confidence and Creativity OR by using drops of the pre-mixed triad.)*

- **3 times a day, put a few drops of each *Opal, Confidence, Creativity* (in that order) in a glass of purified water and drink - Especially in the morning and before bedtime. (or a few drops of the pre-mixed)**
- **Or put 10 drops of each (in the above order) in a quart of purified water and drink throughout the day. (or 10 drops of the pre-mixed)**
- **Wear the *Pocket Activators* to keep the energy of this triad in your body in motion.**
- **Put a few drops of each on your food. (or a few drops of the pre-mixed)**
- **Put a couple drops of each in a 2 oz. spritzer of purified water and spritz your bedding, pets, home, etc. (or a couple drops of the pre-mixed)**
- **Put a drop of each in your pet's water or food. (or a drop of the pre-mixed)**
- **Put drops of each on your crown chakra (or a few drops of the pre-mixed)**

**IMPORTANT! As you take this Triad - allow it to help you:**

*Focus on the POSITIVE! Recognize that there are new and renewed streams of consciousness to step into to bring forth peace, inner joy, harmony and fulfillment into the hearts of mankind, awakening to the possibilities of what living in Divine Love means.*

**Use your intentions to reduce stress - BREATHE! - MOVE! - make a concentrated effort to stimulate the movement of toxins and unsupportive energies lodged in the cells. - DRINK LOTS OF GOOD WATER!**

**REMEMBER HOW MAGNIFICENT YOU ARE!**

**DECLARE:** *"I choose to acknowledge and embrace the Divine Love within me and in my world. I awaken to the expanded consciousness within me and I acknowledge and celebrate the Divine Love on all levels of my being. And so it is."*

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For diagnosis and treatment of medical conditions and disease, contact a health care professional!  
Results are not necessarily the same for all individuals as each person's energy and lifestyle are different.**

## ***Harmonic Opal, Ebony, AWAKEN Triad - Pre-mixed In a Bottle***

***(All three LIQUID Harmonic Formulas in one Cobalt Blue Glass Dropper Bottle)***

***On Sale thru July 2016! - \$50.00 for the 2 oz. - \$17.00 for the 1/2 oz.!***

***Inspire and Amplify your Harmonic energy to support  
the transformation of disharmonic, disruptive energies into a Harmonic state.***

Taking *Harmonic Opal, Ebony* and *AWAKEN* together as a Triad has an amazing effect on the strength and amplification of your Life-force energy (the *Harmonic Rhythms of the Rainbow of Life*) within to support the clearing and cleansing efforts of toxins and dysfunctional frequencies:

- *The energies of digital technology may add frequency to our energy field, hindering the body's ability to function properly.*
- *The airborne pollution from Chemtrails and other chemicals are also making it very difficult for our bodies to function properly.*

The *Harmonic Rhythms of the Rainbow of Life* are the tangible elements of your actions and interactions with everything in your life. The foundational harmonic or disharmonic movement of each Rhythm creates a blueprint for your emotional patterns and reactions, your core issues and struggles in life, your physical strengths and challenges, and even your desires and drive to accomplish various tasks.

How each Rhythm is expressed in and throughout is how the rest of the world sees you, how you feel about yourself and from what perspective you come from in making all of your decisions, thoughts and actions in life.

Connecting with the *Harmonic Rhythms of the Rainbow of Life* within you, transforms the disharmonic rhythms and patterns within you to bring forth the qualities of peace, joy and fulfillment you desire in your health and wellness, finances, job, creative projects and relationships.

**SUGGESTED USE - *Take drops of this Pre-Mixed Triad of Opal, Ebony and AWAKEN under your tongue or in purified water as often as desired.***

***Four of the Harmonic Liquid Formulas inspire a Rainbow of Harmonic Energy within.***

***Each works from a different point of reference and focus to enhance the body's ability to increase and utilize the Rainbow of Life-Force Energy (The Breath of Life) throughout you.***

***AWAKEN works with the electromagnetic body, waking up the movement of the Breath of Life and the Rainbow of Life through the body: Take drops under tongue or in water as desired throughout the day.***

***OPAL helps to open and clear the flow of natural energy in all energy systems of the body to assist in harmonizing pain: Take 20 drops under your tongue or in water 2 times a day or as desired.***

***EBONY helps to align negative energies in the body back into their original harmonic Rainbow form and releases stagnation and disharmonic energies back into the movement of the Breath of Life to be harmonized and released: Take 10-20 drops under your tongue or in water a.m. and p.m. as desired.***

***Before or after Chemotherapy or Radiation to assist in harmonizing the negative side effects, take 50 drops Ebony + 50 drops Opal under tongue or in 2 oz. water.***

***MANNA assists in restoring the Breath of Life at the cellular wall and works to integrate the Rainbow of Life at a cellular level to help rebuild damaged tissues: Take drops under your tongue or in water, use in a bath or foot bath, facial, body wrap.***

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## ***Harmonic Ebony, Intuition, Discernment Triad - Pre-mixed In a Bottle***

(All three LIQUID *Harmonic Formulas* in one Cobalt Blue Glass Dropper Bottle)

***On Sale thru July 2016! - \$50.00 for the 2 oz. - \$17.00 for the 1/2 oz.!***

**THIS Triad may be one of the MOST IMPORTANT Triads to assist humanity on the Earth at this time.**

*Every day we encounter negative and disruptive energies that pull us “down”. This can affect our emotions - our interactions with others, our ability to effectively heal our bodies, and live the life our soul wants and yearns for us to live.*

*These negative energies can come from the “least expected” encounters in our lives. Harmonize them and allow yourself to be happier and healthier.*

The Triad of *Harmonic Ebony, Intuition, Discernment* assists to harmonize:

- *frequencies in our energy field that hinder the body’s ability to function properly.*
- *that which encourages us to go against the desires of our soul making it difficult to achieve our heart’s desires.*
- *what makes it difficult to think positively and clearly.*

**SUGGESTED USE:** (This triad can be used by combining the individual formulas of Ebony, Intuition and Discernment (in that order) OR by using drops of the pre-mixed triad.)

- *3 times a day, put a few drops of each Ebony, Intuition, Discernment (in that order) in a couple ounces of purified water and drink - Especially in the morning and before bedtime. (or a few drops of the pre-mixed)*
- *Put several drops of each (in the above order) in all the purified water you drink throughout the day. (or 10 drops of the pre-mixed)*
- *Wear the Pocket Activators to keep the energy of this triad in your body in motion.*
- *Put a few drops of each on your food. (or a few drops of the pre-mixed)*
- *Put a couple drops of each in a 2 oz. spritzer of purified water and spritz your bedding, pets, home, etc. (or a couple drops of the pre-mixed)*
- *Put a drop of each in your pet’s water or food. (or a drop of the pre-mixed)*
- *Put drops of each on your crown chakra (or a few drops of the pre-mixed)*

**IMPORTANT!** As you take this Triad - allow it to help you focus on the **POSITIVE!** *Recognize that there are new and renewed streams of consciousness to step into to bring forth peace, inner joy, harmony and fulfillment into the hearts of mankind, awakening to the possibilities of what living in Divine Love means.*

**Acknowledge the Divine Love within you and all of humanity.**

**DECLARE:** *“I choose to acknowledge and embrace the Divine Love within me and in my world. I awaken to the expanded consciousness within me and I acknowledge and celebrate the Divine Love on all levels of my being. And so it is.”*

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## ***Harmonic Manna, Opal, Organization Triad - Pre-mixed In a Bottle***

(All three LIQUID *Harmonic Formulas* in one Cobalt Blue Glass Dropper Bottle)

**On Sale thru July 2016! - \$50.00 for the 2 oz. - \$17.00 for the 1/2 oz.!**

Clear your DNA - the perfect blueprint of your body by taking the Triad of *Harmonic Manna, Opal, Organization* and using the Attunement below!

Allow this blueprint to be clearly read by the RNA (the engineers and architects of the body), emanating frequencies that enhance your natural characteristics of:

- *ambition with responsibility*
- *all knowingness with peace*
- *health with strength*
- *weight control with contentment*
- *power with honor*
- *unconditional love with empowerment*
- *integration with Creative individual expression and..*

*the ability to mold and shape your experiences in joy and in harmony with all Creation!*

**SUGGESTED USE - Take drops of this Pre-Mixed Triad of Manna, Opal, Organization under your tongue or in purified water as often as desired.**

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### **Attunement using *Harmonic Liquid Manna, Opal, Organization*:**

Put 7 drops of each *Manna, Opal and Organization* (or 10 drops of the Pre-Mixed Triad) in about 3 oz. purified water. Drink and focus on your DNA and RNA shining their perfect magnificence throughout your body. Repeat the following proclamations. Take a deep breath after each to integrate within.

#### **DNA**

*From the Divine Love within my Being. Almighty indwelling God, Heal!  
I command you to Heal instantly and completely. I proclaim my right to Heal.  
And so it is.*

#### **RNA**

*From the Divine Love within my Being.  
I reach out to my RNA in my physical experience and embrace it in Unconditional Love.  
I proclaim my sovereignty and dominion over my creation.  
I command all encrustations, residues and other interfering energies  
coating or otherwise compromising the ability of my RNA  
to experience its divine perfection, be removed and transmuted  
into the divine expression of Creative Love.  
I am prepared to receive, and I accept the full potential of my RNA, including:  
ambition with responsibility, all knowingness with peace, health with strength,  
weight control with contentment, power with honor, unconditional love with empowerment,  
integration with creative individual expression and the ability to mold and shape my experiences in  
joy, in harmony with all Creation.  
And so it is.*

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## *Personalized Formula*

Created specifically for your “personal” energetic enhancement.

*Your individual energy is assessed to create a formula that will enhance the energies of your body, re-establishing your true self as you move forward on your personal path of enhancement and rejuvenation. (This formula comes in a 1 oz. cobalt blue glass dropper bottle.)*

**On Sale thru July 2016 for \$50.00 (reg. \$70.00)**

Order online at [www.harmonicsinternational.com](http://www.harmonicsinternational.com) or call 800-243-6156 or 715-355-8515.

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## *Inside this Issue:*

**Special Focus on the Divine Rhythm of Action!**

**ALL Harmonic Liquid Formulas are On Sale thru July 2016!!**

**Includes Pre-mixed Triads and Personalized Formulas!!**

Harmonics International  
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Mosinee, WI 54455

*Inspire your Divine Rhythm of Action  
“a Divine Rhythm of Power”!*