



# *In Harmony!*



January 2016

## *The Rhythm of Peace*

*by Ann Marie Work*

Peace is a natural Rhythm of Life, essential to the integrity of your physical, mental and emotional being. It is the cohesive bond of energy maintaining the communication between the cells and systems of the body to establish health, vitality and well being. It releases stress, friction and discontent while establishing high level wellness in all areas of your life.

The simplicity of healing lies in the fact that there is only one dis-ease: low-level wellness. We are on a continuum of wellness. At the top is high-level wellness. At the bottom is low-level wellness. Near the midpoint is the absence of symptoms of dis-ease. There is only one thing which determines where you are on this continuum; the flow and amplitude of your life-force energy. When you increase the flow and amplitude of your life-force energy, you raise your level of wellness and activate the body's natural ability to heal itself.

Your life-force energy is the basic body energy which exists in and around your being, in and around every one of your cells. If your life-force energy is gone, your body is pronounced dead. If the life-force energy to one of your cells is depleted, that cell degenerates. If the life-force energy is blocked, the cell dies.

Each time you experience a physical, emotional or mental stress, you physically react by holding your breath, suppressing your Rhythm of Peace and the flow and amplitude of your life-force energy. Over time this causes stagnation in the fluids in and around the

cells, decreasing the cells' ability to receive nutrients and eliminate toxins, interfering with intercellular communication, disrupting the immune system defense mechanisms, allowing parasites to move in, creating more toxins, shutting down cells and systems which leads to symptoms of degeneration and premature aging. Once the body is in a state of degeneration or premature aging, to regenerate your being, ***you must actively choose*** to enhance the flow of energy in and around every cell in your body.

***The simplest, easiest way to reestablish your natural state of health and well being is to restore the Rhythm of Peace within your being.***

The Rhythm of Peace is more than just a nice place to be. It is essential for life. When you are connected to the Rhythm of Peace, you are connected to the consciousness of all that is. Within this space you heighten your awareness of who you are and why you are here, awakening new perceptions and insights to the world around you. As your body moves into the Peace, it awakens the natural abilities for the cells, systems and body as a whole to heal itself. It is like turning on a light so the blueprint can be seen and reconstruction can be carried out. This Rhythm is a Breath of Life which moves through your Being, awakening, building, moving and calling forth all that is needed to achieve the desires of the heart.

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***Harmonic Liquid Formula "Peace" was created to assist in inspiring and amplifying your natural Rhythm of Peace.***

**Get a FREE 1/2 oz. Peace with your \$100.00 minimum purchase! January 2016**  
***Read more next page....***

Harmonic Products do not treat or cure disease, they enhance the energies of the body.  
For diagnosis and treatment of medical conditions and disease, contact a health care professional.

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it awakens the natural abilities of the cells, systems and body as a whole to heal itself.  
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## **Peace** *When you are in Peace, you bring Peace to the World!*

The *Harmonic Formula Peace* stimulates your own natural Rhythm of Peace that emanates vibrational light, sound and color, activating the body's healing intelligence to cleanse toxins, release stress and restore the body, mind and soul connection.

### **Enhance the body's natural healing intelligence and Breath of Life to:**

- *Harmonize the energies of stress, doubt, anxiety and indecision.*
- *Support the immune system, lymph system, DNA, and anti-aging.*
- *Assist to balance the cranio-sacral system and rhythms.*
- *Enhance hydration and fluid distribution throughout the cells and systems of the body.*
- *Harmonize low-level wellness and etheric interference.*
- *Transform judgments of yourself and others.*
- *Calm your being to enhance mental focus, empowering a relaxed flow of harmonic emotions.*

### **RESTORED WATER**

**Use Restored Water to revitalize and rehydrate your being:**

**To make Restored Water, add 4 drops of Peace per gallon of pure water. Use for drinking and cooking.**

*NOTE: Before adding Peace, taste the water, taste again after adding drops of Peace.*

*Feel the difference and notice how far down it goes into your body.*

**For watering and misting your plants:** *Use Restored Water.*

**To renew the life in fruits and vegetables:** *Add 4 drops of Peace to a sink full of water and soak for 5 minutes.*

**To a wash load of laundry:** *Add 5 drops of Peace to refresh clothes and bedding.*

**For pets, to restore vitality and harmony:** *Give them Restored Water.*

### **Restoration Mist**

**Add 10 drops of Joy to 2 oz. of Restored Water in an atomizer and spritz your skin, energy field around your body, plants, food, as often as desired. Other Harmonic Formulas may be added.**

### **More Suggested Uses:**

**To ENERGETICALLY assist those challenged with any condition of low-level wellness including diabetes, environmental illness, anxiety, insomnia, nerve, lymph and stress related conditions:** *Add 10 drops of Peace to a glass of water twice daily in addition to drinking Restored Water throughout the day.*

**To release sluggish lymph due to colds and congestion:** *Add 5 drops to a glass of water 4 times daily.*

**To release stress and static for mental clarity or emotional stability:** *Place 3-5 drops of Peace under your tongue or in a small amount of water and drink.*

**To make a compress to relieve pain:** *Add 5 drops to a cup of hot water; soak a washcloth, lay on the area of distress for 5-15 minutes. Rinse out the cloth and repeat 2-3 times.*

**Reduce swelling and darkness under eyes:** *Put drops on fingertips and gently dot under eyes.*

**For a restful sleep:** *Sleep with a bottle of Peace under your pillow. Sleep in blue bedding.*

## ***ALL Harmonic Liquid Formulas - January 2016!!***

**Buy 3 (same size) - Get 1 FREE (same size)!!**

**Order at 800-243-6156, 715-355-8515 or [www.harmonicsinternational.com](http://www.harmonicsinternational.com)**

**(If ordering online, note FREE choice/s in "customer comment" at the checkout.)**

**Harmonic Products do not treat or cure disease. For treatment of medical conditions, contact a health care professional.**

# **“The Veils of Illusion”**

*by Rich Work*

*“The world you perceive is the world you choose to see,  
and there is no interpretation free from your perception.”*

**“You have lived in a world of separation, where power has been used to control humanity. Distortions, illusions, thought forms and other energies have been designed to create holographic veils obstructing your ability to see your truth. It is time to remove the veils of illusion.”**

*“An Awesome book! The Veils of Illusion is packed full of valuable, much needed information. Every story brings awareness to the energetic imbalances that allow fear and disease. As each reader discerns their truth they can choose the precise proclamations and solutions needed to make the appropriate shifts in consciousness and rebalance their body, finding true healing. Rich’s true desire to help humanity shines through each page. This book is a must read for anyone looking to fill their life with Health, Happiness and Joy.” - Dr. Melinda Benn*

**NOW through January 2016!**

**“The Veils of Illusion” by Rich Work**

**50% OFF - Only \$12.50 (reg. \$25)**

To order, call 800-243-6156 or 715-355-8515 -  
Order online at [www.harmonicsinternational.com](http://www.harmonicsinternational.com)

Whenever Rich addresses a problem, he always provides a possible “solution” to the problem. Several pages in this book are dedicated to possible solutions to problems you may face. Read through them and discern which “feels” right for you.

For questions about products mentioned in this book, please call one of the numbers above or email [joanie@harmonicsinternational.com](mailto:joanie@harmonicsinternational.com).

**Harmonic Products and Books do not treat or cure disease, they work with the energies of the body.  
For diagnosis and treatment of medical conditions, contact a health care professional.**

# Body-Balancers

(1 pair of 1 1/4" wide x 6" long purple acrylic bars)

**Release deeply embedded disharmonic emotional energies,  
to help bring *Balance* and stability in the systems of the body!**

The skeletal, muscular, reproductive, digestive and fat storing systems are all inter-related. Imbalances in these systems lead to physical weakness, overall distress and weight problems. Scientific studies show that imbalances in these systems stem from survival issues and when you experience stress your body reacts according to its survival instincts. Releasing the stress within the emotional body, by using harmonic energies to restore the resonance of acceptance, creativity, self-esteem, trust and security plus other positive attributes, while stimulating the energy within the glandular system, restores the natural flow of energy to re-establish overall

Relieving the buildup of negative electrical charges within the emotional body, restores the natural flow of energy, re-establishing balance and harmony, which creates a positive affect on the overall level of wellness, rejuvenation, strength and tone of your body.

rejuvenation, strength and tone to your body. Many struggle with weight, trying one exercise and diet program after another with no lasting results. May I suggest, when the emotional body is in balance it will be easier to tone, strengthen and sculpt your body according to your desire. Using the *Body-Balancers* along with a good diet and exercise program may give you the edge you have been looking for. Many report they actually gained weight in the beginning as muscle tissue was building and fluids rebalanced. Then as the body began to tone and strengthen, excess weight began to drop. - Ann Marie Work

**\$100.00 OFF a pair of *Body-Balancers* - Only \$395.00!**

**January 2016 - Includes a 2 oz. bottle of *Harmonic Balance* FREE!**

*For information on use of *Body-Balancers* and *Harmonic Liquid Balance*, refer to the *Harmonics International* booklet or call 715-355-8515 for more info.*

**Order at 800-243-6156 or 715-355-8515 or online at [www.harmonicsinternational.com](http://www.harmonicsinternational.com)**

## *Pocket Activators* - (2" diameter x 3/8" thick discs - 1 pair)

*Pocket Activators* create a wave of energy between them to stimulate the natural flow of energy in and around the cells and systems of the body to assist in restoring balance, health and harmony.

*Pocket Activators use harmonic energies to:*

- **enhance** the flow of your life force energy!
- **re-energize** your creative energies - help release stress, calming your systems!
- **stimulate the lymph** to decrease the stagnation around cells!
- **assist to restore and balance** the pulses and rhythms of life!
- **promote** cellular rejuvenation by assisting to keep harmonic energies in motion!

**NOW On Sale thru January 2016 -- Only \$149.00 a pair!! (reg. \$175.00)**

**Order at 800-243-6156 or 715-355-8515 or online at [www.harmonicsinternational.com](http://www.harmonicsinternational.com)**

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## Nourish Life Disc

*(Resonance Enhancer for Food and Water and MORE!)*

*(6" Indigo Acrylic Disc)*

*Awaken the natural resonance of the "Rainbow of Life" in food and water.  
Assist in activating the ionic charge or spark of life in each cell.*

The *Rainbow of Life* is referred to by many as the amount of life force energy within something. This life force energy is the electrical charge and magnetic resonance at the atomic level, which determines the amplitude of electro-magnetic field a substance has. In the presence of even minor negative



emotions, a disharmonic substance can actually diminish the *Rainbow of Life* at a cellular level. We have an electro-magnetic body that only functions efficiently in the full *Rainbow of Life*. **It only makes sense that the water and food we consume should enhance this *Rainbow of Life* - our life-force energy, rather than diminish it.**

### Is there ANY "Rainbow of Life" left in our food or water?

- *Food may be processed, refined and enhanced with additives and preservatives.*
- *Nourishment from food diminishes because of lengthy travel time before reaching stores.*
- *Fluorescent lights may deteriorate the Rainbow of Life in food and water on store shelves.*
- *Microwaved and overcooked food minimizes or eliminates what little nourishment is left.*
- *Can the body function properly without the Rainbow of Life?*

"Throughout the day, the average person is confronted with a variety of disharmonic thoughts, energies and actions. Each time you become frustrated, irritated, confused, sad, angry, disappointed or worried, you begin to shut down and suppress the *Rainbow of Life* in your heart and throughout your body. Reawakening the Divine Love and restoring the *Rainbow of Life* throughout your being makes all things possible: health, vitality, inspiration, expression and manifestation. It is the 'mosaic of beauty' in your life." *Symmetry* ♥

#### **To help restore the Rainbow of Life in WATER, place Nourish Life Disc:**

- Under container of water for 15 minutes or more as desired.
- In bath or hot tub.

#### **To help restore the Rainbow of Life in FOOD or BEVERAGES, place Nourish Life Disc:**

- In refrigerator or pantry for 15 minutes.
- On counter with groceries, soda, plate of food, microwaved food, apple, etc. for 5-15 min.

Cooking restored food does not eliminate the resonance, however heat speeds up the release of the resonance, so leftovers should be placed on the *Nourish Life Disc* before eating.

**NOTE:** Transformation of food and water lasts approximately 24 hours. Re-awaken the Rainbow of Life by placing on *Nourish Life Disc* for 5-15 minutes or more as desired.

**CAUTION:** Do not place Hot Food or Hot Beverage directly on *Nourish Life Disc*. Place a hot pad on Disc and then hot food or beverage on the hot pad.

**To enhance your pet's vitality, place Nourish Life Disc:** • Under blanket in their bed.

*As food and water (that has been placed on the Nourish Life Disc) enters the body, the amplified Rainbow of Life that is now present in that food and water, creates a nourishment that helps to open the energetics of the heart, allowing the Divine Love and Rainbow of Life to be carried throughout the digestive system and circulatory system, activating the natural charge in the minerals that helps create that spark of life in each cell. ♥*

**On Sale January 2016 - Only \$189.00! (reg. \$225.00)**

**TO ORDER & FOR MORE SUGGESTED USES, including using the *Nourish Life Disc* and *Harmonic Liquid Peace* in a wonderful body attunement, visit [www.harmonicsinternational.com](http://www.harmonicsinternational.com) or call 800-243-6156 or 715-355-8515 for an information sheet.**

The items that Harmonics International sells do not treat or cure disease, they work with the energies of the body. For diagnosis and treatment of medical conditions, contact a health care professional.

***“The Breath of Life” CD -***

***A Harmonic Attunement by Ann Marie Work***

***Restore the Rainbow of Life, drift on the waves of the breath,  
move into the Peace and reconnect to the Breath of Life!***

***This is the Simplicity of Healing - maintaining the movement and strength of your Breath of Life.***

**NOW On Sale thru January 2016 - **\$12.00** (reg. \$18.00)!!**

***FREE SHIPPING : USA Retail Orders \$100.00+ -- International Retail Orders \$600.00+!***

**Order at 800-243-6156 or 715-355-8515 or online at [www.harmonicsinternational.com](http://www.harmonicsinternational.com)**

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***May you be Blessed with Peace***

***Peace in Divine Love awakens me to my connection  
with the Consciousness of the Heart and Mind of God.***

***Peace in Divine Love awakens the smile of love  
and rekindles the spark of life deep within my being.***

***Peace in Divine Love awakens an awareness  
within, of the Divine Love within me.***

***I restore my personal connection to Divine Love  
as I acknowledge, embrace and express Peace in Divine Love.***

Harmonics International  
2042 Ryan Rd.  
Mosinee, WI 54455

***Peace in Divine Love!***